

FRESH INGREDIENTS FRESH FOOD

INDEPENDENT CATERING IS OUR FRESH FOOD CATERER

Independent Catering is the FRESH FOOD caterer at your school offering varied menus using fresh U.K. meats, fresh salads and vegetables every day from our local suppliers.

A cashless payment system is operated reducing the problems of cash in the school and encouraging healthy eating.

Payment is made online using a debit or credit card. This credit balance is debited each time a pupil purchases food items from the cafeteria at breakfast, mid morning break and lunch. A maximum daily spend limit of £5.00 is

set (please email us at info@independentcatering.co.uk, should you wish to have a different daily limit) however an average daily spend is estimated at £3.00 per day. A main meal and dessert is currently £2.25.

Breakfast: Yoghurts, cereals, hot breakfast rolls, fresh fruit, toast, hot & cold drinks.

Morning Break: Freshly made sandwiches & rolls, hot filled breakfast muffins and toasties, hot filled panini breads, fresh fruit, hot & cold drinks.

SAMPLE LUNCH MENU

	MAIN DISH OF THE DAY	VEGETARIAN DISH OF THE DAY	DESSERT OF THE DAY
MONDAY	Home Made Beef Lasagne served with an Italian dressed salad, garlic slice & seasoned wedges	Creamy Pesto & Mushroom Wrap served with an Italian dressed salad, garlic slice & seasoned wedges	Rhubarb & Ginger Crumble with Custard
TUESDAY	Goan Beef Curry served with warm naan bread, bringal bhaji, saag aloo and basmati rice	Cauliflower & Lentil Curry served with warm naan bread, bringal bhaji, saag aloo and basmati rice	Mandarin Cheesecake
WEDNESDAY	Roasted Leg of Lamb with mint sauce served with crispy roast potatoes, roasted parsnips & savoy cabbage	Chunky Winter Vegetable Pie served with crispy roast potatoes, roasted parsnips & savoy cabbage	Apple Crumble and Custard
THURSDAY	Sweet & Sour Chicken with sweet chilli sauce served with egg fried rice, prawn crackers, courgettes from the wok and pak choy	Vegetable Kebabs with sweet chilli sauce served with egg fried rice, prawn crackers, courgettes from the wok and pak choy	Crunch Pie
FRIDAY	Fish & Chips served with baked beans or peas	3 Cheese Macaroni served with a Chef's salad & garlic bread	Fresh Cream Victoria Sponge

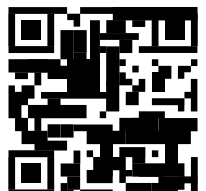
AVAILABLE DAILY

Fresh Chef's Salad – Self Help Salad Bar
 Street Food: The Spaniard – The Italian – The Big Foot – The Oriental
 Chicken Run: BBQ-Goujons-Jerk-Garlic&Herb-Tikka-PeriPeri-Cajun-Fajita-Chilli
 The Deli – Fresh Cut Sandwiches – Rolls – Wraps – Pittas – Baguettes
 See the black boards for Soups, Theme Days and Chef's Specials



WWW.INDEPENDENTCATERING.CO.UK

FIND OUT MORE



INDEPENDENT CATERING



PAY ON LINE

Independent Catering provide an online school meal payment system via **sQuid**. This will enable you to see balances, purchases and credits. On or before your son's/daughter's taster day, a letter detailing your sQuid registration numbers will be issued to you/them.

Should you not receive your letter before **FRIDAY 11TH SEPTEMBER 2015**, please email us at info@independentcatering.co.uk stating the **SCHOOL**, your **CHILD'S NAME** and **FORM**.

DO NOT START THE SQUID REGISTRATION PROCESS UNTIL YOU RECEIVE YOUR UNIQUE REGISTRATION NUMBER AND 3 DIGIT SECURITY CODE

Squid is a new way for you to top up your child's school cashless catering account online. Account application is FREE and there is no charge for payments made by debit card.

Once you have received your sQuid registration numbers, please register your details with sQuid and create an account by following the instructions below. If you already have a child with a sQuid account in any of our schools, you will still have to register your additional child/children but you can use the same password and security question/answer - just use a different username (your child's name preferably).

How to create your own online sQuid account

1. Go to www.independentcatering.co.uk/ where you will find your school listed under sQuid. Click on your school link - this will take you to the sQuid Independent Catering home page.
2. Select the 'Click here to register' button to create an account and register your unique sQuid registration number.
3. Supply the requested details and create your own username (preferably your son/daughters name), password and security question/answer. This is a case sensitive system, so please remember how you enter these details.
4. Add your sQuid registration number and 3 digit security code.

Once you have created a sQuid account and added your sQuid registration number you will also be able to manage your sQuid account online at anytime to:

- Check your account balance
- Top up your account from your bank account, credit or debit card
- View transactions
- Update your details
- Receive a low balance reminder

Please refer to the **sQuid web site** for full Terms and Conditions

CASH LESS PAYMENT CARDS ARE ISSUED ON THE FIRST DAY OF TERM



WWW.INDEPENDENTCATERING.CO.UK

